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| **Medications** | **Usual Dosage** | **FDA** **approved**/ Indications |
| Escitalopram/Lexapro | 10-20 mg/day,5, 10, 20, 5mg/5ml | **MDD, GAD**, Panic d/o, OCD, PTSD, Social anxiety, PMDD |
| Citalopram/Celexa | 20-40 mg/day10, 20, 40 | **MDD**, PMDD, OCD, GAD, PTSD, social anxiety |
| Sertraline/Zoloft | 50-200 mg25, 50, 100, 20mg/mL | **MDD, PMDD, Panic d/o, PTSD, Social anxiety, OCD,** GAD |
| Fluoxetine/Prozac | 20-80 mg 10, 20, 40, 60, 20mg/5ml | **MDD, OCD, PMDD, Bulimia, Panic d/o,** social anxiety, PTSD |
| Paroxetine/Paxil | 20-50mg10, 20, 30, 40, 10mg/5ml | **MDD, OCD, Panic d/o, PTSD, Social anxiety, GAD, PMDD, vasomotor symptoms** |
| Venlafaxine/Effexor | 75-225mg/day37.5, 75, 150, 225 | **MDD, GAD, Social anxiety, Panic d/o,** PTSD, PMDD |
| Duloxetine/Cymbalta | 40-60 mg/day20, 30, 60 | **MDD, DPNP, Fibromyalgia, GAD, Chronic musculoskeletal pain,** neuropathic pain/chronic pain |
| Desvenlafaxine/ Pristiq | 50-100 mg/day50 | **MDD,** fibromyalgia, GAD, Social anxiety, panic d/o, PTSD, PMDD, vasomotor symptoms |
| Mirtazapine/ Remeron | 15-45 mg/night | **MDD,** Panic d/o, GAD, PTSD |
| Bu Bupropion/ Wellbutrin | 225-400 mg/daySR: 200-450 mg/divided in two dosesXL: 150-450 mg | **MDD, Seasonal affective disorder, Nicotine addiction,** Bipolar depression, ADHD, Sexual dysfunction |
| Doxepin/Sinequan | 75-150 mg/day MDD3-6 mg insomnia | **Psychoneurotic depression/anxiety, depression/anxiety r/t alcoholism, depression anxiety r/t organic disease, insomnia, depression** |
| Lithium | Levels: .8-1.2300-1200/day | **Bipolar mania,** Bipolar depression, MDD, vascular headache, neutropenia |
| Valproate/Depakote | Levels: 50-1101200-1500 mg/day | **Acute mania/bipolar, complex partial seizures, migraine prophylaxis,** maintenance bipolar, psychosis, schizophrenia (adjunctive) |
| Lamotrigine/Lamictal | 100-200mg/day | **Maintenance bipolar I, partial seizures, other seizures,** bipolar depression, bipolar mania, psychosis schizophrenia adjunct, MDD adjunct,  |
| Aripiprazole/Abilify | 2-30 mg15-30mg schizo/bipolar2-10 mg w/ SSRI5-15 mg autism | **Schizophrenia, acute mania, bipolar maintenance, depression adjunct, autism-related irritability, tourette’s disorder, acute agitation r/t schizophrenia or bipolar disorder,** bipolar depression, bx disturbances in dementias, impulse control |
| Olanzapine/Zyprexa | 10-20 mg/day2.5, 5, 10, 20 mg | **Schizophrenia,acute mania/bipolar, bipolar maintenance, acute agitation r/t bipolar I mania, bipolar depression (combination with fluoxetine),** bx disturbances in dementia |
| Lurasidone/Latuda | 40-80 mg/day schizo20-60 mg/day bipolar depression,(up to 120 mg/day) | **Schizophrenia, bipolar depression,** acute mania, bipolar maintenance, bx disturbances in dementia, children and adol, impulse control |
| Quetiapine/Seroquel | 400-800 mg/schizo and bipolar300 mg for bipolar depression25, 50, 100, 300, 400 | **Schizophrenia, acute mania, bipolar maintenance, bipolar depression, depression,** mixed mania, bx disturbance r/t dementia, parkinson’s and lewy body dementia, severe tx-resistant anxiety |
| risperidone/risperdal | 2-8 mg/day0.25, 0.5, 1,2,3,4,6 | **Schizophrenia, acute mania, autism-related irritability, bipolar maintenance,** bipolar depression, bx disturbances r/t dementias, children and adol, impulse control |
| Brexiprazole/Rexulti | 2-4 mg schizophrenia2 mg depression0.25, 0.5, 1, 2, 3, 4 | **Schizophrenia, tx-resistant depression,** acute mania, bipolar maintenance, bipolar depression,  |
| Ziprasidone/Geodon | 40-200 mg/day (in divided doses) schizophrenia80-160 mg/day (divided doses) bipolar10-20 mg IM20, 40, 60, 80 mg | **Schizophrenia, acute agitation in schizophrenia (IM), acute mania/mixed mania, bipolar maintenance** |
| Clozapine/Clozaril | 12.5, 25, 100, 200 mg up to 500 mg/day | **Tx-resistant Schizophrenia,** tx-resistant bipolar d/o, violent aggressive patient w/ psychosis and |